



**Have you been thinking about harming or killing yourself?** \_\_\_\_\_

**Have you ever seen someone for counseling before?** \_\_\_\_\_ **Please describe your**

**experience:** \_\_\_\_\_

\_\_\_\_\_

**What made you decide to see a psychologist now?** \_\_\_\_\_

\_\_\_\_\_

**Please list any medications you are currently taking:** \_\_\_\_\_

\_\_\_\_\_

**If the person seeking treatment is a minor, please write the name, phone, and address of each person who has legal custody:**

\_\_\_\_\_

\_\_\_\_\_

**Treatment Philosophy**

I believe in providing solution-oriented therapy. This means that I will work with you to identify treatment goals within the first or second session and then I will focus on helping you to reach those goals. After the first session I will recommend a number of sessions that you should plan to attend in order to reach your goals. At the end of those sessions we will evaluate progress and then you can decide if you have accomplished your goals or if there are others that you would like to pursue.

**Confidentiality**

Everything that we talk about will be held strictly confidential unless:

1. The client signs a release of information
2. The client presents a danger to self
3. The client presents a serious danger to others
4. Child/elder abuse/neglect are suspected

**Financial Terms**

You are responsible to pay the full fee at the time service is given. Payment is accepted in check or cash. If you would like to request reimbursement from your insurance company I will be glad to help you, but you should be aware that many insurance companies only pay for a portion of the fee, or only pay for therapy with those with whom they have contracted.

**Cancelled / Missed Appointments**

A scheduled appointment means that time is reserved only for you. If an appointment is missed or is cancelled with less than twenty-four-hours notice you will be responsible for the full session fee.

**Emergency Procedures**

If you need to contact me, leave a message at my phone number and I will return your call. If you are experiencing a true emergency, please call 911 or have someone take you to the hospital emergency room.

**Forensic Psychology**

If you are interested in having a report, assessment, or evaluation directed to an attorney, court, or legal interest, you need to tell me before we begin the first session.

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**Consent for Treatment**

I authorize and request that my treatment provider carry out mental health examinations, treatments, and/or diagnostic procedures, which now or during the course of my care are advisable. I understand that the purpose of these procedures will be explained to me upon my request and subject to my agreement. I also understand that while therapy is designed to be helpful, it may at times bring up uncomfortable feelings, memories, and experiences. I understand that this is a normal response to working through unresolved life experiences and is something that I can address with my psychologist. I also authorized my treatment provider to bill me for any outstanding balances and/or to disclose identifying information necessary for a third-party collection. If I am signing consent for a minor, I certify that I am the legal guardian.

I understand and agree to all of the policies on this form.

\_\_\_\_\_  
Client (or parent/guardian) Name (printed)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client (or parent/guardian) Name (signed)

\_\_\_\_\_  
Date